

# Help Me Grow Vermont Impact

## One Connection. Many Resources

### Community Outreach



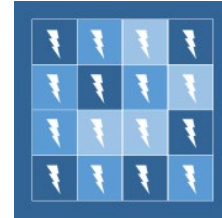
*Help Me Grow* used virtual platforms to host **47** community outreach events – providing opportunities for families to learn skills related to the five protective factors. **38,000** Vermont families were reached.

### Developmental Screening



**9,000** children are currently enrolled in childcare programs that have received *Help Me Grow* training, so **50%** of preschoolers are better prepared to succeed as they enter kindergarten.

### Resource Hub



- Staff at the resource hub received **3,298** incoming calls and referrals. Staff provided **4,277** referrals.
- Referrals for perinatal mood and anxiety disorders (PMADs) increased after [Support Delivered](#) launched in 2020. *Help Me Grow* worked with 57 individuals and provided 230 referrals.

### Goals for 2022

- Support child wellbeing by offering events for Vermont families that educate and nurture child development.
- Strengthen the resource hub database to include more mental health services.
- Expand use of *Help Me Grow*'s ASQ Online platform to ensure earlier identification of developmental concerns and increase kindergarten readiness.

Source: *Help Me Grow Annual Report 2020-2021*

Learn more at [HelpMeGrowVT.org](https://www.HelpMeGrowVT.org)

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